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marionymca.org

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**LEARNING TEAMWORK, HAVING FUN
Youth Basketball League**

Season Dates:
Jan. 13 - Feb. 24, 2018
Ages 5-6 / 7-8 / 9-12

FEE: Household Members \$30
All Other Members: \$35
Program Participant: \$60
Pictures may be purchased for an additional fee.



Registration Deadline January 8, 2018. Fee includes: Basketball Reversible shirt and awards.

Late registrations will be accepted on a space available basis with a \$10 late fee.

\$5 OFF FOR REUSING PREVIOUS JERSEY
[Click here to download registration form and more details](#)

FREE School Days Out

for children who are part of a Household (family) membership

Ages 5 - 12

[December 30 - January 6 - Free Group Exercise Schedule](#)

[Nationwide Membership Information](#)

ALWAYS WELCOME IN EVERY COMMUNITY
Traveling?
Commuting?

We want you to take advantage of the Y wherever you live, work or travel.

The Marion Family YMCA is participating in Nationwide Membership.

[Click here for important details.](#)

As part of the Marion Family YMCA's participation in Nationwide Membership, we will be sharing data with YUSA. We will also be continuing our practice of completing sex offender screening on all members. To view our privacy policy, [click here](#)

AQUA OBSTACLE COURSE



Come help us celebrate our new Aqua Water Inflatable Obstacle Course opening Friday, December 22, 12:00 - 2:00 and New Year's Day, 11:00 - 1:00PM

7:30 am - 5:30 pm

See Registration Forms for fee and registration requirements.

Jan 2, Jan 15, Feb 19, Mar 2, Mar 26, April 16 [Download registration Form](#)



IT'S TIME TO COME OUT OF YOUR HOLIDAY HIBERNATION!

Middle School/High School Intramurals

WINTER I: January 8th- March 2nd

Middle School Intramurals: (Grades 6 through 8)

This program is for Marion County Middle Schoolers! Come out with your friends and play in what will be the inaugural Marion Family YMCA after school Intramural program. Sport will rotate each week between Kick ball and Whiffle ball.

Mondays and Fridays 4:00 pm-5:00 pm.

Members \$15
Guest Participants \$30

High School Intramurals: (Grades 9 through 12)

This program is for Marion County High Schoolers! Come out with your friends and play in what will be the inaugural Marion Family YMCA after school Intramural program. Sport will rotate each week between Kick ball and Whiffle ball.

Mondays and Fridays
5:00 pm-6:00 pm.

Members \$15
Guest Participants \$30

OhioHealth and the Y are partnering up for bone health.

Making Bone Health Wellness a priority in your everyday activities and fitness program.

This program will be lead by certified OhioHealth PT's. Who should attend? Individuals with osteopenia or osteoporosis and/or those who are interested in enhancing knowledge of overall bone health.

What is the program? A four-part series that focuses on bone health and how to incorporate safe practices and modifications into your daily activities, workouts/fitness endeavors and hobbies.

When is it? Jan. 18, Jan. 25, Feb 1, and Feb. 8
2:30 - 4:00pm

[Click here for more information](#)

FREE to Members!

Open every Sunday,
starting January 7, from
4:30 - 6:30PM
(Must be deep end
approved)

[Click here for more
details and rules](#)

SWIM MEETS

UPCOMING 8 LANE POOL CLOSINGS FOR MEETS AND HOLIDAY CLOSINGS

Sat. Dec. 30 11:00am
Wed. Jan. 3 6:00pm
Sat. Jan 6 11:00am

[Click here to view Swim
Meet Closures for the 8 lane
pool!](#)

During high school and
YMCA team practice times
there are lanes for adult lap
swimming. These lanes are
dedicated for adult
members (18 & older). If
you're a lap swimmer, check
the schedule or contact **Keri
Fry** to see all times for adult
lap swimming.

FACILITY HOLIDAY CLOSINGS

New Year's Eve: Dec. 31
Open 12:00 - 6:00pm

New Year's Day: Jan. 1 Open
10:00am - 2:00pm

[New Check In Procedure for Spectators](#)

Please [click here](#) to read
our new procedure for
spectators, who are not also
members, to check in to the
facility.

Word from Theresa

Last weekend, I made pumpkin pie. Not just any recipe, but my family's recipe for pumpkin chiffon pie. Making it brought back memories of helping my mom make this same pie. She and I were the only ones in our family who liked it, so we always made it together. Raising three children by herself and working two jobs didn't give her a lot of time to spend with each of us individually; so I cherished this time with her. This is my favorite type of pie and it probably has a lot more to do with that time with my mom than the flavor.

At the Y staff, volunteers and members all have an opportunity to spend time with a young person. Older adults teach teen-agers how to play pickleball. Staff members develop relationships with teen-age members that role model caring, honesty, respect and responsibility. Where we see these relationships have great impact is in Marion Mentors 21. This is a mentoring program at Marion City Schools in partnership with the schools, United Way, Boys & Girls Club, Nucor Steel, and many faith communities. Volunteer adult mentors meet once per week, in the school, with a matched mentee. We see mentees improve their self-confidence, meet more goals and do better in school.

Currently, we have eight students at Harding High School who are waiting for a mentor. If you can give approximately 45 minutes of your time each week, please apply to mentor. You can find more information and the application here: marionmentors.org, or contact Program Director [Kaylee Kiogima](#) for more information.

I was fortunate to have my mom and several other adults serve as mentors to me when I was growing up. Not every child is so fortunate. I hope you will consider volunteering as a mentor; or, if you're not able encourage someone else to do so. It can be a great gift to give someone in the New Year.

Merry Christmas and Happy New Year!

Theresa Lubke
Executive Director

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